



Student Health on Haven

Medical Services • Counseling Services • Well-Being and Health Promotion • Insurance and Administration



COLUMBIA UNIVERSITY
IRVING MEDICAL CENTER

STUDENT HEALTH ON HAVEN

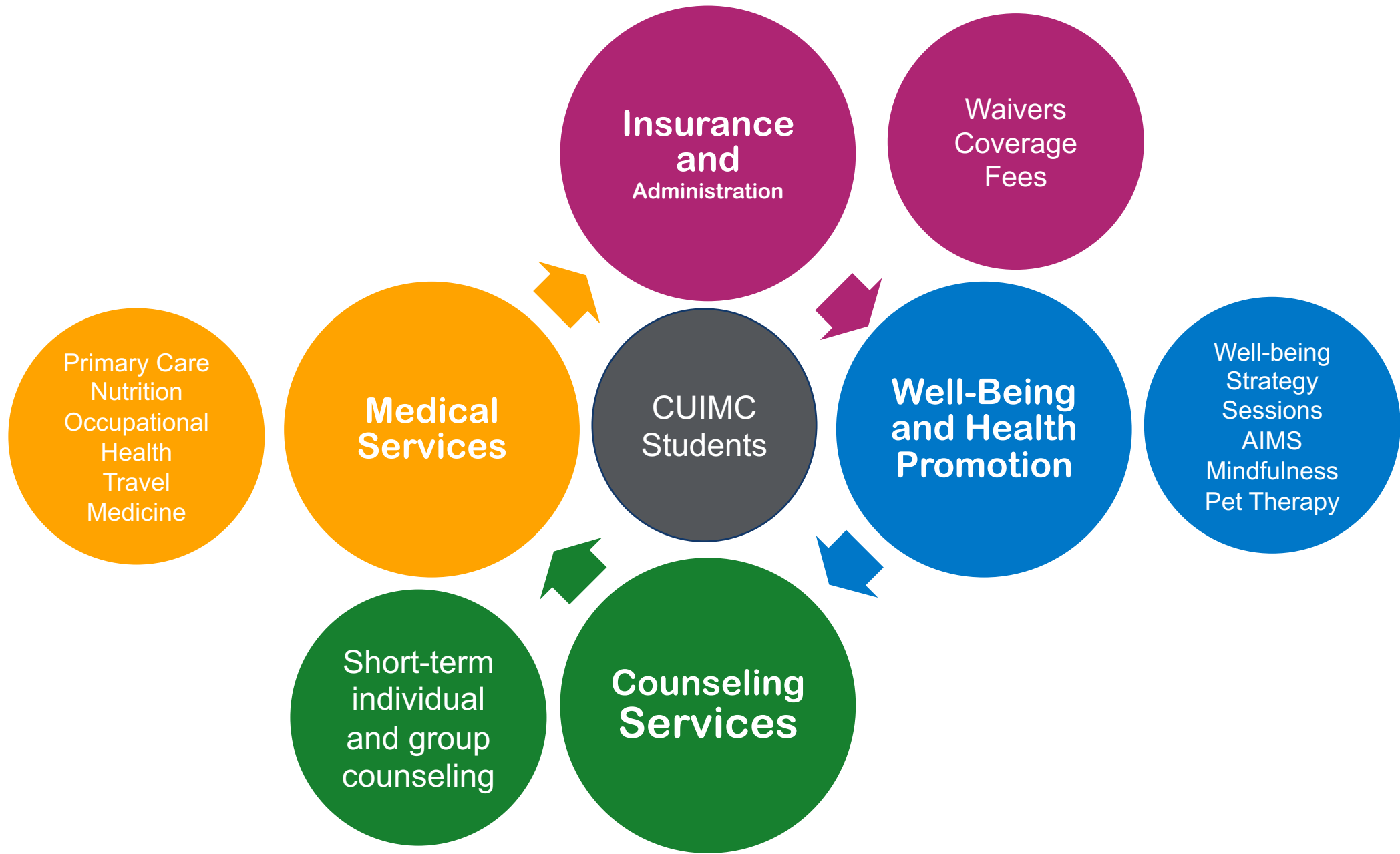
Welcome to CUIMC and NYC



Our Team: Here for You

Student-centered,
Confidential, Safe,
and Judgment-free
services.





Why Students Visit Us



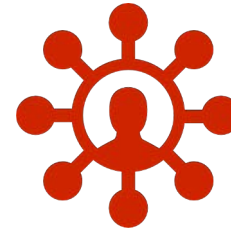
Physical Health
and Well-Being



Academic
Concerns



Mental Health
Support



Interpersonal
Challenges



Substance Use and
Related Concerns

Public Health Updates



Face Coverings

- Non-cloth masks must be worn in classrooms and clinical practice areas, including Student Health on Haven.
- Masks are strongly recommended for all other indoor spaces on campus.



Vaccinations

- The COVID-19 vaccine primary series plus one booster is required for all eligible students registering for the Fall 2022 semester.
- Flu vaccines are required for all registered students.



Feeling Sick?

- Stay home if you are sick.
- In-person and telehealth appointments are available.



Access and Coverage

Student Health and Related Services Fee

Health and Related Services Fee (HRSF) grants students access to all resources offered through and at Student Health.

- Billed to all full-time students and anyone enrolled on the Aetna Student Health Insurance plan
- Full HRSF Annual Rate: **\$1,624** (*Fall 2022: \$812; Spring 2023: \$812*)

Student Health Insurance Plan



Columbia University Student Health Insurance Plan

- In addition to paying the HRSF, all CUIMC students are **automatically enrolled** in the Columbia University Student Health Insurance Plan offered through Aetna.
- Students enrolled in the plan will not receive member cards in the mail; cards are available for download via the Aetna mobile app or Aetna website.

Student Health Insurance Plan



Columbia University Student Health Insurance Plan

- Plan year coverage: **August 15, 2022 - August 14, 2023**
- Annual premium cost: **\$4,189**
(Fall 2022: \$1,596; Spring 2023: \$2,593)
- Bloodborne Pathogen Supplemental Fee: \$10 annually billed during the fall semester
(Clinical students and funded GSAS students)
- Aetna Voluntary Plans include:
 - Voluntary Vision: \$65
 - Voluntary Dental Plan: \$455

Aetna Co-pays + Deductibles

Co-pays

- There is **never a co-pay** for services at Student Health on Haven including Medical Services or Counseling Services.
- There are co-pays for:
 - Specialist Visits: \$30
 - Urgent Care: \$60
 - Emergency Room: \$150
 - Generic Prescriptions: \$15
 - Brand Name Prescription: \$50
 - Specialty Drugs: \$75

Deductibles

A deductible is the amount of money that you must pay before Aetna will pay for claims.

- **No deductible for in-network care.**
- There is a \$600 deductible per policy year for **out-of-network** care.

Aetna Referrals

- Medical Services is **your primary care provider**.
- You **must obtain a referral** from Student Health on Haven to see an outside specialist, **including mental health providers** in the community.
- A **referral is not needed**:
 - Whenever you are more than 50 miles away from campus
 - For routine OB-GYN care
 - To receive emergency/urgent care
 - For dependent children

Open Enrollment



All students must log in to the **Student Health on Haven Portal** to **waive** the CU Plan. To waive, you must meet the necessary criteria for the 2022-2023 academic year.

Before You Waive, Consider*

- Do I meet the waiver criteria?
- Do I have adequate coverage for occupational exposure?
- What are my current deductibles and co-pays?
- How expansive is my provider network?
- Do I have all the information I need to make my decision?

****Unsure? Visit the Student Health on Haven website for more information.***



Stay Connected

 COLUMBIA

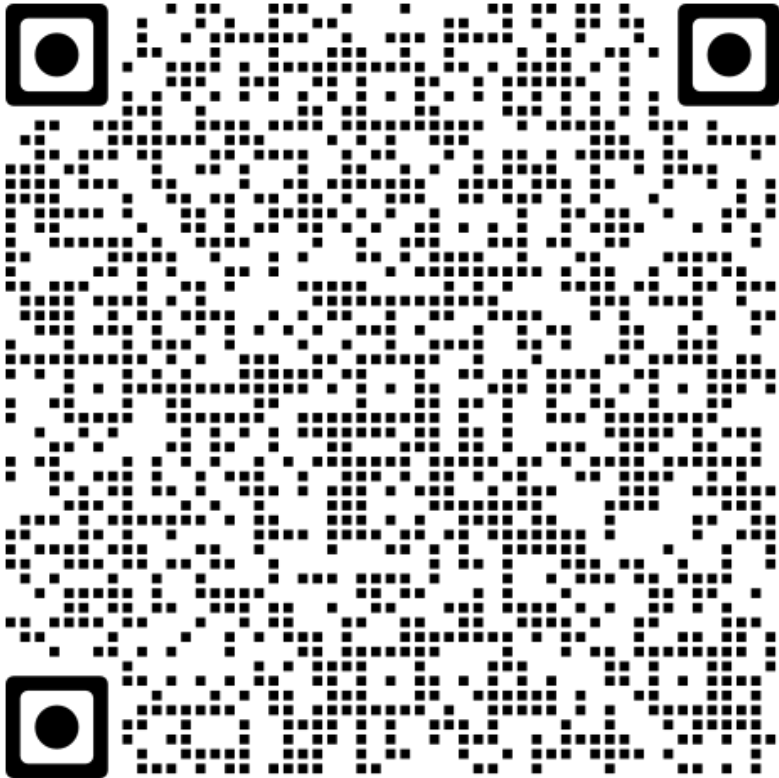
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Connect with Us Online!



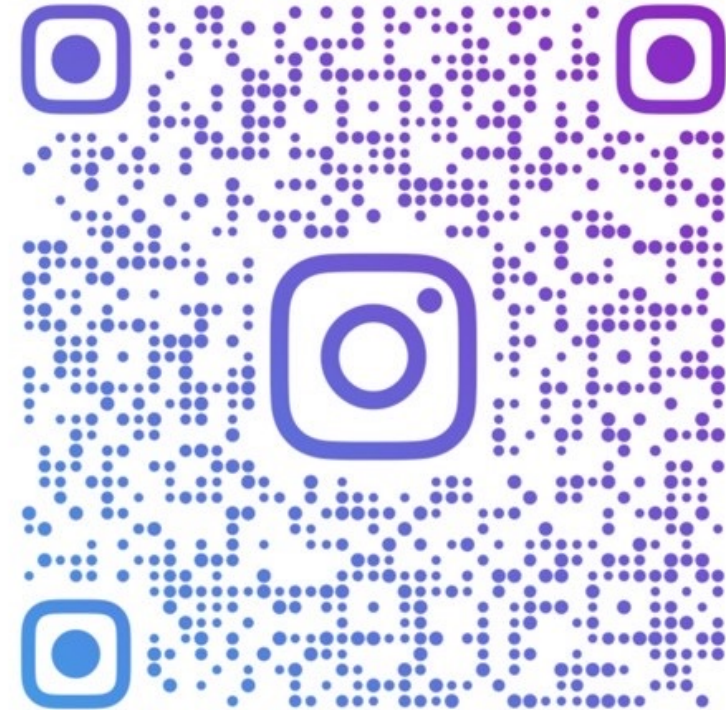
Subscribe to the Well-Being and Health Promotion weekly newsletter



Connect with Us Online!



Follow Health on Haven
on Instagram!



[HEALTHONHAVEN.CUIMC](https://www.instagram.com/HEALTHONHAVEN.CUIMC)

Get Involved



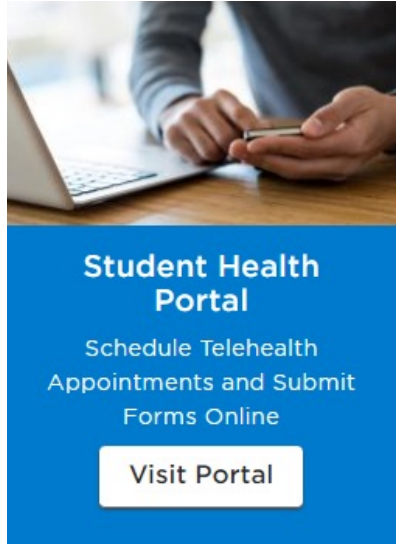
Student
Well-Being
Collective

AIMS
Council

Work inter-professionally with students, faculty, and staff to create and advocate for structural changes that enhance student health and well-being at CUIMC.

Find more information in the Well-Being and Health Promotion Newsletter.

Connect with Services

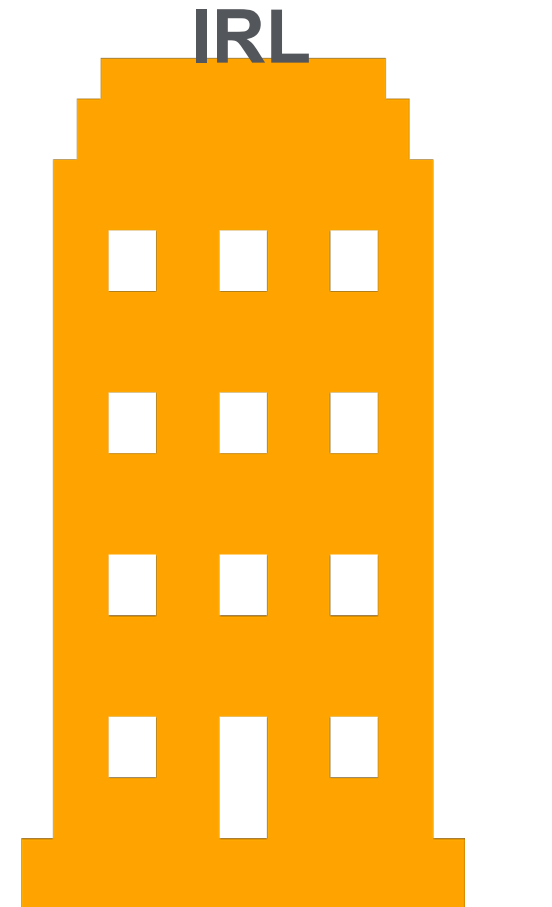


Schedule an appointment via the Student Health portal.



(212) 305-3400

Call 24/7 to reach our on-call clinicians and after-hours care



Tower 2
100 Haven Avenue
2nd and 3rd Floors

My SSP

Student Support Program



Support via chat and phone

Connect after hours

Linkage to care around the world





For more information, visit
studenthealth.cuimc.columbia.edu